It is also to prevent the depletion of the water table by ensuring that each year the rain water and the ground water meet so that the rain can re-charge the ground water and stabilise the water table level.

The Krishi Vigyan Kendra (K.V.K.), managed by Deendayal Research Institute at Majhgawan, District Satna, has implemented an extensive and integrated milli-watershed project, as part of the Chitrakoot Project, in collaboration with the District Rural Development Agency (DRDA), Govt. of M.P., Satna, under the Rajiv Gandhi Watershed Mission in Majhgawan block, with the main objective of developing the area's natural resource base, sustaining its productivity, improving the standard of living, and endeavouring to restore the ecological balance

This book is divided into two parts. Part I deals with the project as a whole, to give the reader a broad overview of watershed management and the impact that an integrated series of micro-watershed schemes can have over a large rural area. Part II is a step-by-step, do-it-yourself guide, for the implementation of a micro-watershed scheme.

Unless all state governments, NGOs and social activists, make *sustainable and replicable* watershed management and its implementation their primary focus, there is little hope for sustainable development in rural areas.

— Vasant R. Pandit Secretary Deendayal Research Institute 15th June, 2002