

चित्र भारहाज आश्रम $\epsilon' \times \ell'$

सीता व लक्ष्मण के साथ लंबे काल तक राम को वनवास में रहना था। मार्गदर्शन पाने वे प्रयाग में भारद्वाज आश्रम पहुँचे। प्रणाम किया। आतिथ्य पाया। चित्रकूट जाकर अत्रि मुनि व अनुसूङ्या से मार्गदर्शन पाने की सलाह मिली।

As Ram, with Sita and Lakshman, had to live in the forest for many years, they went to the Ashram of Bharadwaj Muni at Prayag to seek his advice. Arriving at the Ashram, they bowed before him. He received them and they enjoyed his hospitality. Bharadwaj Muni advised them to go to Chitrakoot and seek the guidance of Atri Muni and Anusuya.