

voting rights.

At the opposite end, there is the U.S.A. There is both bread as well as voting rights. Even then, there is lack of peace and happiness. The U.S.A. tops the list in number of suicides, number of mental patients, and number of persons using tranquillisers to get sleep. People are puzzled as to the cause of this new situation. Man obtained bread, he got his voting right, still there is no peace, no happiness. Now they want back their peaceful sleep. Sound and undisturbed sleep is a scarce commodity in present day America. The thinkers are coming to realise that there lies somewhere, a fundamental lacuna in their system of life due to which they are not happy, even after they have attained so much prosperity and affluence.

Bharatiya Approach To Life

The reason is that they have not thought of the integrated human being. In our country, we have thoroughly considered this matter. That is why, we have stated that progress of man means simultaneous progress of the body, mind, intellect and soul of man. Often it has been propagated that *Bharatiya* culture thinks of salvation of the soul, that it does not bother about the rest. This is wrong. We do think of the soul, but it is not true that we do not consider body, mind and intellect of much importance. Others gave importance to the body alone. Therefore, our attention to the soul appears unique. With the passage of time, this created an impression that we are concerned only with the soul and not with other aspects of the human being. A young, unmarried boy cares for his mother. But after marriage, he cares both for his wife, as well as his mother, and discharges his responsibilities towards both of them. Now if anyone says that this man has no love for his mother, it would be untrue. A wife loves only her husband at first, but after the birth of a child, she loves both her husband and child. Sometimes an unthoughtful husband feels that his wife neglects him after the birth of their child. But this is generally not correct. If that were true then the wife has certainly slipped in her duty.

Four Purusharthas

Similarly, while we recognise the need to pay attention to the soul, we do not neglect the body. *Upanishads* declare in unambiguous words नाऽप्यमात्मा बलहीनेन , लभ्यो i.e. a weakling cannot realise the Self. Again शरीरमाध्यमं खलु धर्मसाधनम् i.e. the body is truly the primary instrument to